FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| OMB APPROVAL             |           |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     Cohen Scott Herman   |   |  |   | <u>i/</u>                               | 2. Issuer Name and Ticker or Trading Symbol iANTHUS CAPITAL HOLDINGS, INC. [ ITHUF] |  |     |  |  |   |   |   |  | all applicable Director                             | onship of Reporting F<br>Il applicable)<br>Director<br>Officer (give title   |                | s) to Issuer  10% Ow Other (s                                     | ·                                     |
|--|---|--|---|---|---|--|-----|--|--|---|---|---|--|---|--|----------------|---|---------------------------------------|
|  |   |  |   |   | 3. Date of Earliest Transaction (Month/Day/Year) 09/21/2022                         |  |     |  |  |   |   |   | below)   |   | below)   |                | , , ,   |                                       |
| 420 LEXINGTON AVENUE, SUITE 414  |   |  |   | 4.                                      | 4. If Amendment, Date of Original Filed (Month/Day/Year)                            |  |     |  |  |   | 6. Indivi   | Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person |  |   |  |                |   |                                       |
| (Street) NEW YORK NY 10170   |   |  |   |   |   |  |     |  |  |   |   |   | Form filed by More than One Reporting Person   |   |  |                |   |                                       |
| (City)   | (Stat   | e)   | (Zip)   |   |   |  |     |  |  |   |   |   |  |   |  |                |   |                                       |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |   |  |   |   |   |  |     |  |  |   |   |   |  |   |  |                |   |                                       |
| Date   |   |  |   | 2. Transac<br>Date<br>Month/Day         |   | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)  |     | Transaction Dispose Code (Instr.                               |  | urities Acquired (A) or<br>ed Of (D) (Instr. 3, 4 a |   |   | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported<br>Transaction(s) |   | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4)            |                | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                                       |
|  |   |  |   |   |   | Code   | v   | Amount (A) or (D)  |  | Price   | (Instr. 3 and 4)  |   |  |   |  |                |   |                                       |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |   |  |   |   |   |  |     |  |  |   |   |   |  |   |  |                |   |                                       |
| 1. Title of<br>Derivative<br>Security (Instr.<br>3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |   | 5. Number of<br>Derivative<br>Securities<br>Acquired (A) or<br>Disposed of (D)<br>(Instr. 3, 4 and<br>5) |     | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |  |   | 7. Title and Amou<br>Securities Underly<br>Derivative Securit<br>3 and 4) |   | lying  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number derivative Securities Beneficia Owned Following Reported Transacti | e<br>s<br>illy | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |
|  |   |  |   | Code                                    | v   | (A)  | (D) | Date<br>Exercisabl   |  | piration<br>ite                                     | Title   | Nu  | mount or<br>umber of<br>nares  |   | (Instr. 4)   |                |   |                                       |
| Restricted<br>Stock Units  | (1)   | 09/21/2022                                 |   | A                                       |   | 6,568,629  |     | (2)  |  | (2)   | Common<br>Stock   | 6,  | ,568,629   | \$0.00  | 6,568,6  | 529            | D   |                                       |

## Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of the Issuer's common stock following vesting.
- 2. The restricted stock units were granted pursuant to the Issuer's Amended and Restated Omnibus Equity Incentive Plan dated October 15, 2018. The restricted stock units will vest in full on the first anniversary of the date of grant, subject to the Reporting Person's continued service with the Issuer.

## Remarks:

<u>/s/ Scott H. Cohen</u> <u>09/23/2022</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.